

Step by step

- 1** Wash hair with Step 1. Let the shampoo sink into hair for 5 minutes. Rinse and repeat the application. Rinse again thoroughly and dry hair.



Hair should have a rough texture. If two shampoos are not enough, repeat the application.

**Note: For damaged, thin, highlighted or bleached hair, one good shampoo is enough. There is no need to wait 5 minutes (as it is necessary for other hair conditions).**



- 2** Dry hair 80%.



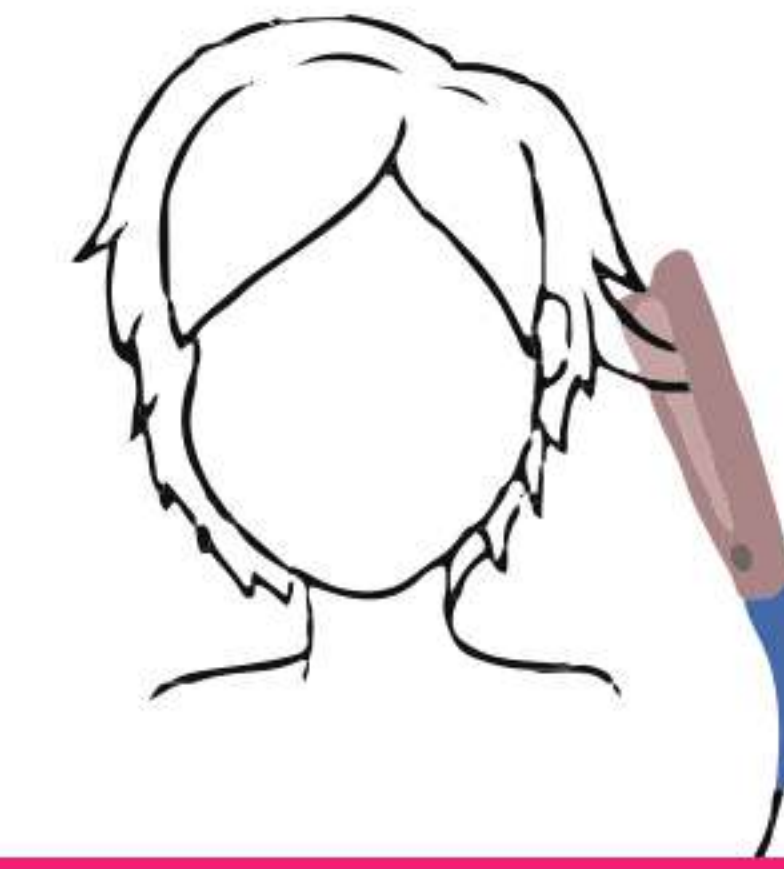
- 3** Section hair and apply Step 2 (shake well before using it). Check if all areas are completely covered, including the back of the neck and the hairline.



- 4** Blow-dry hair.

Note: If hair becomes very rough to brush, use a comb to finish the blow-dry and damp hair with a bit of water spray.

- 5** Iron the hair using a hair straightener. The temperature depends on hair type, as listed below:



Thin, blonde, highlighted, porous or damaged hair

180 degrees

Wavy, curly (blonde or highlighted hair but in healthy condition), Afro-Caribbean, thick and non-chemically treated hair

220 degrees

**Note: take very thin sections and go over them with the iron around 10 to 15 times.**

Please note: For blonde or bleached hair, when you start ironing, if you notice that the colour is changing, reduce the temperature of the iron. If your iron does not have a setting temperature: when ironing the hair, if you notice that the colour is changing, stop doing that section and take another one. Then, when you go back to that same section, carry on until you have done 15 times (the reason why the colour changes is due to the high temperature). By doing this, the section will have time to cool off before you start over.

- 6** Iron hair 10 to 15 times (Iron up to 20 times for non-chemically treated, thick, Afro-Caribbean or resistant hair).

- 7** Once the treatment is complete, rinse hair and apply step 3, the Sealing Mask. The treatment is finished. You can blow-dry hair or style as desired. No need to iron hair again.

